Creation of a Biospecimen Registry for the Study and Isolation of Potential Biomarkers Predictive of Progressive Lung Disease in Cystic Fibrosis

> Maret Maliniak, MPH CF-AIR Airways Disease Workshop March 4, 2015



# Agenda

- General Overview of the Cystic Fibrosis Biospecimen Registry (CFBR)
- Descriptive analysis of patients who have donated samples to the CFBR and the types of samples currently in the registry
- CFBR utilization by the scientific community
- Current focus on longitudinal samples surrounding acute pulmonary exacerbations (APEs)
- Limitations
- Summary



## Cystic Fibrosis Biospecimen Registry (CFBR)

- Principal Investigator: Nael A. McCarty, PhD
- Co-Investigators: Arlene Stecenko, MD Seth Walker, MD, FCCP Julie Sedor, MD Kevin Kirchner, MD Rabindra Tirouvanziam, PhD Monal Shah, MD
- Sponsor: Emory University/Children's Healthcare of Atlanta Center for Cystic Fibrosis and Airways Disease Research



# Inclusion/Exclusion Criteria

### INCLUSION CRITERIA

- Clinical diagnosis of cystic fibrosis, primary ciliary diskinesia, bronchiectesis, or CFTR-related metabolic syndrome (CRMS).
- Currently a patient at any of the adult or pediatric CF clinics (no minimum age requirement) at Emory University or Children's Healthcare of Atlanta.
- The subject is able to understand and comply with protocol requirements, instructions and protocol-stated restrictions.

## **EXCLUSION CRITERIA**

- Any condition that, in the opinion of the attending physician, would place the patient at undue risk by participating.
- Known history of HIV, Hepatitis B surface antigen or Hepatitis C antibody.
- Unwillingness or inability to follow the procedures outlined in the protocol.



# **Study Methods**

- 1. Identify eligible patients attending the adult or pediatric CF clinics at Emory or CHOA
- 2. Approach patients in clinic, explain the study, and consent if willing to participate
  - Patients fill out consent, assent (if <18 years), and HIPAA authorization
- 3. Ask participating patients each time they are in clinic or the hospital if they want to donate samples



## **Objectives**

- **Objective 1:** To generate a bank of well-characterized biological samples from adult and pediatric Cystic Fibrosis patients during routine clinic visits and hospitalizations, as well as from normal volunteers with no lung disease
- **Objective** 2: To analyze samples derived from blood, exhaled breath condensate (EBC), nasal curettage, expectorated sputum, and throat swabs using techniques including metabolomics, lipidomics, proteomics, ion chromatography, and measurements of bacterial quorum sensing molecules, markers of oxidative stress, cytokines, and chemokines, and other assays that may be shown to be useful in the future.
- **Objective 3:** To correlate the results from Objective 2 with clinical diagnosis and outcomes in order to determine potential biomarkers that can be used in diagnostic testing that are predictive of the onset of an acute pulmonary exacerbation (APE).

# **Objective 1**

 To generate a bank of well-characterized biological samples from adult and pediatric Cystic Fibrosis patients during routine clinic visits and hospitalizations, as well as from normal volunteers with no lung disease



# **CF Biorepository**

- 447 adult and pediatric CF patients
  - Emory Adult CF Clinic
  - Emory Pediatric CF Clinic
  - Scottish Rite CF Clinic
- 2,558 specimens collected
   First samples collected on August 26, 2010
- 5,513 aliquots banked



## **Patient Participants**

	Enrolled	Donated	%
Emory Adult	194	156	80%
NDH	114	65	57%
Scottish Rite	138	119	86%
Overall	446	334	75%

Note: Individual clinic numbers do not sum to overall because of patients who have donated at multiple sites

## **CFBR Database**

### • Sample data:

- Collection Site
- Date of Sample Collection

### Demographic data:

- Age
- Age of CF diagnosis
- Gender
- Genotype
- Genotype class
- Race/Ethnicity

### Clinical data:

- FEV1 (L and % pred)
- BMI
- Current medications
- Recent microbiology
- Use of study drugs

- Secondary complications
  - ABPA, Asthma, Chronic Respiratory Failure, Depression, Hemoptysis, Kidney Disease, Liver Disease, Osteoporosis, Sinus Disease
- CF manifestations
  - Pancreatic insufficiency, GI disease, Liver disease
- Number of hospitalizations in total lifetime and over the past 5 years
- Date of last course of IV antibiotics for an APE
- Previous surgeries
- Current symptoms
- APE at time of collection (Yes/No)
- Date and results of most recent OGTT
- CFRD status
- hyperlink to encounter in Port-CF



## **CFBR Database**

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## **Patient Characteristics**

Characteristic	N (%)
Gender	
Female	163 (49)
Male	169 (51)
Genotype (Unknown=14)	
Homozygous F508	159 (48)
Heterozygous F508	120 (36)
Other	41 (13)
Age	
Mean (SD)	19.3 (13.6)
Range	6 months to 70 years
Age of CF diagnosis	
Range	Newborn-63 years
FEV1 % predicted	
Mean (SD)	77.4 (25.0)
Range	18-134
Race	
Caucasian	295 (88)
African-American	14 (4)
Other	11
Pancreatic insufficient	296 (94)
CFRD Status (Missing=100)	
CFRD	65 (19)
Impaired Glucose	26 (8)
Normal Glucose	143 (43)

## **Specimens in CFBR**

Specimen	Emory Adult	NDH	Scottish Rite	Overall
Bacterial				
Isolates	1215	122	-	1337
BAL	10	20	7	37
	470	<i>(</i> –		0.57
Blood	1/9	15	63	257
EBC	181	42	82	305
Sputum	398	36	23	457
Throat Swab	1	22	142	165
Total	1984	257	317	2558

# Number of Specimens Collected Per Year, 2010-2015



\*Excluding bacterial isolates

## Number of specimens collected per month, August 2014-February 2015



\*Excluding bacterial isolates

## Aliquots

Specimen	Overall
Bacterial Isolates	1337
BAL	216
Blood	1134
EBC	813
Sputum	1818
Throat Swab	195
Total	5513

## **Bacterial Isolates**

Bacterial species	Ν
S. aureus	418
MSSA	42
MRSA	44
Small colony variant	24
Stenotrophomonas maltophilia	68
P. aeruginosa	682
Non-mucoid	14
Mucoid	407
Semi-mucoid	82
Burkholderia cepacia complex	25
Achromobacter xylosoxidans	50
Other	69
Unknown	25
Total	1337

## **Objective 2**

 To analyze samples derived from blood, exhaled breath condensate (EBC), nasal curettage, expectorated sputum, and throat swabs using techniques including metabolomics, lipidomics, proteomics, ion chromatography, and measurements of bacterial quorum sensing molecules, markers of oxidative stress, cytokines, and chemokines, and other assays that may be shown to be useful in the future.



## **CFBR Utilization**

# of Pl's who have purchased samples: 13
# of aliquots purchased: 639

Types of projects using CFBR samples:

- Impact of increased RAGE signaling in CFRD Lung Disease
- Investigating the role of lung microbiota during acute exacerbation events, using molecular culture-independent approaches and gene sequencing
- Determine circulating hepcidin-25 levels in CF subjects
- Determine correlation between pyocyanin levels and inflamamtory markers in CF sputa
- Rapid detection of *Pseudomonas* pigments in biological fluids using SERS
- CF Microbiome
- Analysis of serum samples of PA-infected CF patients
- Bacterial sphingomyelinase and CFTR
- Neutrophil function in chronic disease
- Proteomics
- AND MORE!!!



# **Objective 3**

 To correlate the results from Objective 2 with clinical diagnosis and outcomes in order to determine potential biomarkers that can be used in diagnostic testing that are predictive of the onset of an acute pulmonary exacerbation (APE).



## **APE Samples**

- 446 (36%) samples in the CFBR currently were collected during an APE
  - Categorize APEs by treatment (APE-O vs. APE-H)
  - Collect information on admission date if patient hospitalized
  - Aim to collect APE-H samples within 48 hours of admission if not before admission while in clinic
- At least 3 longitudinal, prospective studies focused on APEs will be using CFBR samples this year



## **Longitudinal Sample Collection**

	N (%)
# of times patient has donated	
1	119 (36)
2-5	187 (56)
6+	28 (8)
Range	1-23
Follow-up time, years	
Mean (SD)	0.8 (1.2)
Range	0-4.4

## Limitations

- Staff
- Processing Space
- Time
- Samples
  - Choose which samples they want to donate and when
  - May not donate the same samples each time
    - Prioritize samples
  - Changes in processing protocols



## Summary

- CFBR is a bank of 2,558 well-characterized clinical samples that can be used for CF research studies
- CFBR is rapidly growing
  - Expected to collect 1000+ samples in 2015
- Already being used by the CF research community
- Several studies focusing on APEs will be using CFBR samples this upcoming year
- There are limitations to CFBR
  - May not meet the needs of some studies



# Acknowledgments

Principal Investigator

Nael McCarty, PhD

Co-investigators

- Arlene Stecenko, MD
- Seth Walker, MD, FCCP
- Kevin Kirchner, MD
- Monal Shah, MD
- Rabindra Tirouvanziam, PhD
- Julie Sedor, MD

Scottish Rite Coordinators

- Petra Raville, RN
- Anthony Cantrell

**Emory Pediatric Coordinators** 

- Eric Hunter
- Joy Dangerfield

Other staff

- Derrick Carter
- Chade Granderson
- Carmen Blount, RN
- Barry Imhoff
- Leah Roberts
- Kesmic Jackson, PhD

Previous staff

Beth Helfman

Clinical care teams at the Emory Adult CF Center, Emory Pediatric CF Center, and Scottish Rite CF Center

## All of our patients!!!!!!







Center for Cystic Fibrosis and Airways Disease Research Advancing Wellness in Patients Through Research





## **Additional Slides**

					Throat	
Year	BAL	Blood	EBC	Sputum	Swab	All samples
2010	0	10	13	12	0	35
2011	0	42	39	76	0	157
2012	10	43	10	101	0	164
2013	16	11	17	40	0	84
2014	9	106	148	158	125	546
2015	2	44	80	73	39	238

Specimen	Frequency	Percent
Sputum	323	34.47
EBC	141	15.05
Throat Swab	105	11.21
Blood	95	10.14
EBC, Sputum	54	5.76
Blood, Sputum	47	5.02
Blood, EBC	41	4.38
Blood, EBC, Sputum	35	3.74
EBC, Throat Swab	30	3.2
BAL	26	2.77
Blood, Throat Swab	23	2.45
BAL, Blood	10	1.07
Blood, EBC, Throat Swab	6	0.64
BAL, Blood, Sputum	1	0.11

## **Protocols for processing samples**

CFBR					
□ <u>Blood</u> :	Processing Start time:				
Tubes: 🗆 Red top 🗆 Lavender Top					
0.5 mL into "N" tube for redox; spin for 1 m	for redox; spin for 1 minute & put 200 uL supernatant into "S"				
Invert parent tube ~8 times					
Spin 1300g for 10 min @ 21°C					
# Aliquots, serum: Volume:					
plasma:; Volume:					
□Stored in Box#:; -80°C Freezer					
Initials:					
□ <u>EBC</u> :					
240 uL aliquot for redox in "S" tube (with g	lutathione)				
# Aliquots:; Volume in each:					
Stored in Box#:; -80 °C Freezer					
Initials:					

□ **Sputum** weight= \_\_\_\_\_g Processing Start time:\_\_\_\_\_ □ mL D-PBS (w/ EDTA) added (For every 1 gram of sputum obtained, add 3 mL of EDTA-PBS)  $\Box$  Homogenization: using syringe + 18g needle (Use 4 cycles of aspiration per gram of initial sputum weight)  $\Box$  Spin 800g for 10 min @ 4°C -Transfer supernatant  $\Box$  Spin 3000g for 20 min@4 °C □ Transfer supernatant; remaining volume= \_\_\_\_\_ mL cOmplete Protease Inhibitor Cocktail Solution □\_\_\_\_\_ tablet(s) in \_\_\_\_\_mL D-PBS  $\Box$  \_\_\_\_\_mL of remaining volume x 50  $\mu$ L= \_\_\_\_ $\mu$ L cOmplete added Number of Aliquots: \_\_\_\_\_ Volume of each: \_\_\_\_\_mL □ Stored in Box#\_\_\_\_; -80 °C Freezer □ Throat Swab Processing Start time: \_\_\_\_\_

□ Place swab in 15 mL Falcon tube with 2 mL of PBS-EDTA

 $\square$  Leave on ice for 15 minutes

 $\Box$  Remove swab

□ Spin 800g for 10 min at 4°C; Remove supernatant; discard pellet-

□ Spin supernatant at 3000g for 10 min at 4°C

 $\Box$  Remove Supernatant & discard pellet  $\rightarrow$  add Protease inhibitor solution to supernatant

 $\Box$  \_\_\_\_\_ tablet(s) in \_\_\_\_\_mL D-PBS

 $\Box$  \_\_\_\_\_mL of remaining volume x 50  $\mu$ L= \_\_\_\_ $\mu$ L cOmplete added

Aliquots: \_\_\_\_\_each

□ Stored in Box #\_\_\_\_; -80°C Freezer